

Free community
health event!

AUGUST 6, 2026 • 11AM - 7PM
281 MAIN ST., EAST HARTFORD, CT

Register now at: tinyurl.com/ICNHWCW2026



InterCommunity
Health Care

Health Care for the Whole Person

The Art of
Wellness Day
A Community Event Celebrating National Health Center Week



SCAN HERE

Join us for a free, all-day community extravaganza for the whole family with **health services, resources, music, food, activities, art, and more!**

Featuring:

- Onsite **health screenings** and health care appointments **all day**
- **Resource Fair** with local organizations from **11am-4pm**
- A special **Wellness Day Proclamation** from Mayor Connor Martin
- A **message about National Health Center Week** from InterCommunity CEO, Tyler Booth, and other dignitaries at **2pm**
- **Tour InterCommunity Gallery's show, LIVE!**, meet local artists, and **purchase affordable, unique art pieces all day**

Face painting • Yoga • Sound bowls • Pizza + snacks • Ice cream truck

PLUS:

Multiple chances to win:
grocery store gift cards,
Yard Goats Family Pack,
and art kits in our raffle!

First drawing at 2pm

"Learn to Paint Like Jackson Pollock"
with local artist, Paul Gruhn from
1pm-4pm; take home unique drip-
paint art that you create!



And LIVE music from
3pm-6pm by local rock
band, **Kings of Karma!**

Event Sponsors:



Connecticut Health
FOUNDATION
Changing Systems, Improving Lives.



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