

CELEBRATING FOUR DECADES IN SOUTH DALLAS

# Building *Innovative* Care Where It Matters Most

**40**  
YEARS  
1986 — 2026

Forty years of trusted, affordable healthcare — and the 2026 National Health Center Week theme that's been our mission since 1986.

**40**

YEARS OF SERVICE

**3**

COMMUNITY SITES

**21**

CLINICAL PROVIDERS

**100+**

TEAM MEMBERS

Since **August 1986**, the Martin Luther King, Jr. Family Clinic — today **Foremost Family Health Centers** — has been a medical home for South Dallas and Balch Springs. As an FQHC and **NCQA-recognized Patient-Centered Medical Home**, we serve every family, regardless of ability to pay. Celebrate four decades with us.

## A Week of Celebration & Service

**M**

**AUG 3**

**Kickoff & Partners**

40th launch · historical exhibit · tours

**T**

**AUG 4**

**Patients**

Testimonials · appreciation

**W**

**AUG 5**

**Health Focus**

Screenings · vaccinations

**T**

**AUG 6**

**Community**

Donation drive · resources

**F**

**AUG 7**

**Our Team**

Staff awards · 40 Years

## Partner With Us

- 1 Amplify it** — share our 40th with #NHCW26 & #FFHC40.
- 2 Recognize it** — a proclamation or shout-out for 40 years of care.
- 3 Join us** — attend a celebration or tour a clinic.
- 4 Grow with us** — connect on our DeSoto expansion & school-based care.



**Foremost Family Health Centers**

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**#NHCW26**

#FFHC40 · Patients First. Your Health & Wellness are Foremost.