

SAVE THE DATE



**CRESCENT**  
COMMUNITY HEALTH CENTER

**Saturday, August 8**

Join us for a day of health, wellness, and community spirit at the Crescent Health and Wellness Expo & 3.1 or 1 mile Walk/Run! We're thrilled to invite you to this exciting event as we strive to cultivate richness and diversity within our community.

This FREE event is open to all, so bring your family, friends, and neighbors for a morning of fun and fitness. After the race enjoy music with our live DJ, discover community resources, and more!

*Sponsored by:*

**Dr. Heather Kruse & Family**





**CRESCENT**  
COMMUNITY HEALTH CENTER

**Date: Saturday, August 8**

**Cost: FREE**

**Time: Registration opens at 7:30 a.m.**

**Race begins at 8:30 a.m.**

**Location: Crescent Community Health Center  
1690 Elm Street, Dubuque**



**To register scan QR code  
or visit [crescentchc.org](https://crescentchc.org)!**

*Registration available in English,  
Marshallese, and Spanish.*

**Questions? Contact us:**

**Sarah Milner**

**563.690.2854**

**[smilner@crescentchc.org](mailto:smilner@crescentchc.org)**